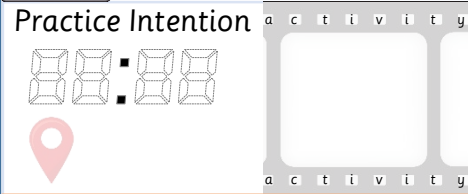


Practice Tracking

Practice Intention

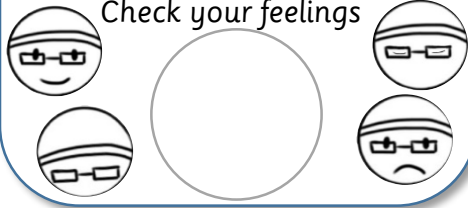
a c t i v i t y



Test your mind



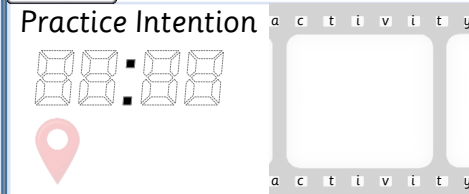
Check your feelings



Practice Tracking

Practice Intention

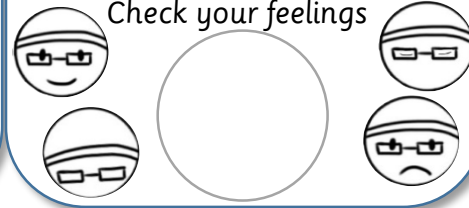
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Test your mind



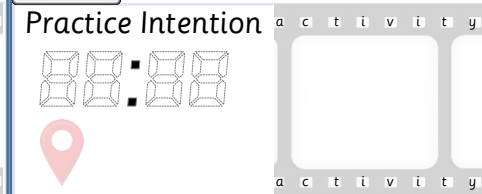
Check your feelings



Practice Tracking

Practice Intention

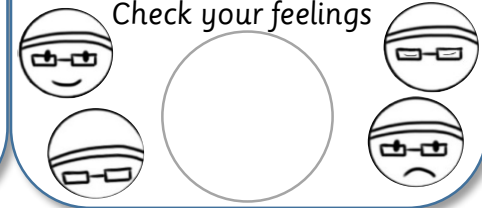
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Test your mind



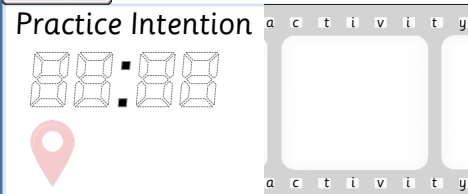
Check your feelings



Practice Tracking

Practice Intention

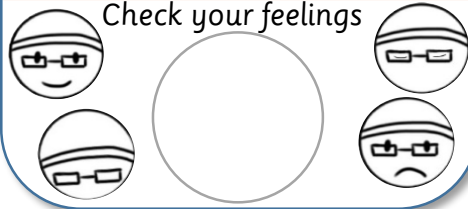
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Test your mind



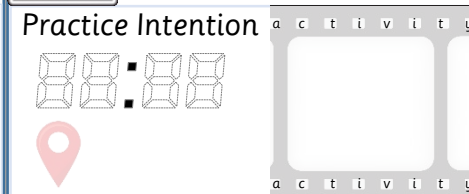
Check your feelings



Practice Tracking

Practice Intention

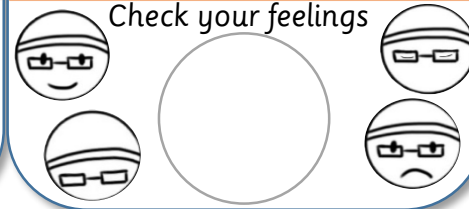
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Test your mind



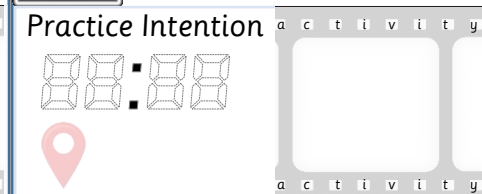
Check your feelings



Practice Tracking

Practice Intention

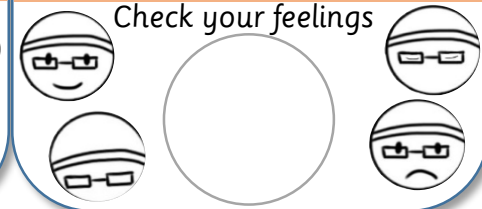
a c t i v i t y



Test your mind



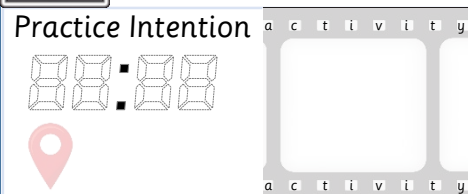
Check your feelings



Practice Tracking

Practice Intention

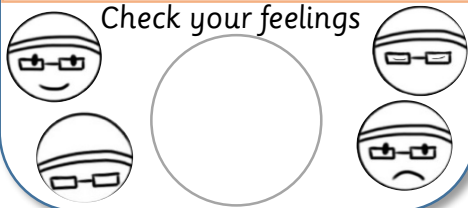
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Test your mind



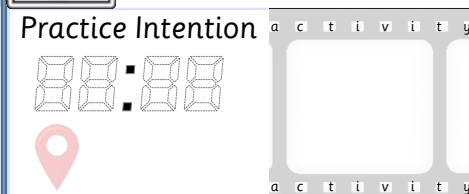
Check your feelings



Practice Tracking

Practice Intention

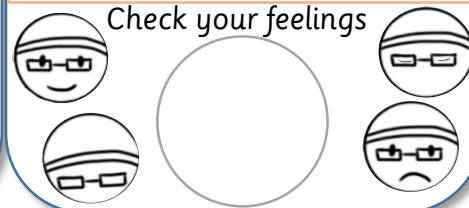
a c t i v i t y



Test your mind



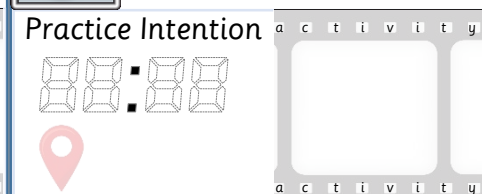
Check your feelings



Practice Tracking

Practice Intention

a c t i v i t y



Test your mind



Check your feelings

